# 高三年级英语作文：Happiness\_900字

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Someone asks me what on earth happiness means? I can\'t give you the exact definition of it, but I\'m sure if you love and help others, you\'ll get it..

I\'ll never forget an old lady. She lives in a small house alone. It\'s said that her husband and her son died in a traffic accident. How bitter her life is!But the old lady often helps others with a smile. Whenever it snows, she is always the first to clean the paths. She looks after several children living nearby. I am one of them. I often remember the stories she told us and her kind smile. Perhaps she is unlucky, but I think she is a happy person. Her life is full of laughter and love.

But I\'m sad to see some people getting their happiness in bad ways.They speak loudly in cinemas and meeting rooms; they destroy trees to enjoy themselves and they laugh at others\' shortcomings. Perhaps they feel happy at that time, but they will never get true happiness because they have lost their personality.

Now I know what happiness is. It means kindness, love and unselfishness. Above all, only bringing happiness to others can make you yourself get it.

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