# 初二英语作文：My Habbits

来源：网络 作者：暖阳如梦 更新时间：2023-12-09

*我的习惯(My Habbits)　　I have some habbits, some are good, but some are bad.　　I like reading very much. From reading science ...*

**我的习惯(My Habbits)**

　　I have some habbits, some are good, but some are bad.

　　I like reading very much. From reading science books, I get a lot of knowledge. From reading novels, I lose myself in the stories. I like doing sports, too. It helps me keep healthy. Also I never put today\\\'s work till tomorrow. They are all my good habbits. They help me a lot in my daily life.

　　However, I also have some bad habbits. For example, sometimes I do my homework slowly, and stay up till very late. During meals I prefer meat to vegetables. And sometimes I play computer games too long without having a reat. They are all harmful to my health.

　　From now on I\\\'ll try to keep my good habbits, and give up the bad ones. Then I\\\'ll live better.

　　>【参考译文】

　　我有一些习惯，有些是好的，但有些是坏的。

　　我很喜欢读书。从阅读科学书籍，我得到了很多知识。从阅读小说，我失去了自己的故事。我也喜欢运动。它帮助我保持健康。我也从不把今天的工作拖到明天。他们都是我的好习惯。他们在我的日常生活中帮助了我很多。

　　然而，我也有一些坏习惯。例如，有时我做作业慢，熬夜到很晚。吃饭时我喜欢吃肉而不喜欢蔬菜。有时我玩电脑游戏太长时间没有休息。它们都对我的健康有害。

　　从现在起，我会尽量保持我的好习惯，放弃坏的。然后我会活得更好。

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