# My favorite basketball 高三英语作文

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　　I like playing basketball that is my favorite sports.I play it twice a week and that is health for me and strengthen my muscle.

　　Basketball is an international sports that have many competitions in world.Many people love this sports and exercise it every day.It canmake me enjoythe active,passion and interesting process.In addition we can get many friends in this process and being happy as well.Also this canenhance our body healthy and stronger.You can with your friends play this sports together,because it wouldgive you a lot of fun.

　　Above all,Ireally love play basketballbecause it is my favorite sports.Only you love it,just do it! Because we are young now,do somegood sports and maintain this condition.

　　我喜欢打篮球，而且这是我最喜欢的运动。我一周打两次篮球，这很健康而且可以加强我的肌肉。

　　篮球是一项在世界上有很多的比赛的国际运动。很多人喜欢打篮球并且每天锻炼。它可以让我享受这个主动，热情，有趣的过程。此外，我们可以在打篮球中得到很多朋友和快乐。当然打篮球可以强健我们的身体和让我们强壮。你可以用你的朋友们一起玩这种运动，因为它会给你很多乐趣。

　　总之，我真的很喜欢打篮球因为它是我最喜欢的运动。只要你爱打篮球，就去做！因为我们现在还年轻，做一些好的运动来要维持这种状况。

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