# Recreational Activities娱乐活动英语作文

来源：网络 作者：浅语风铃 更新时间：2025-01-30

*篇一：Recreational Activities　　In people\'s daily life, there are various recreational activities apart from studying or wor...*

**篇一：Recreational Activities**

　　In people\'s daily life, there are various recreational activities apart from studying or working ranging from Karaoke or dancing to computer games or sports games.

　　Such activities are beneficial as well as harmlul to us if undertaken inappropriately. On one hand, recreational activities can help us to not only build our body and mind but also improve our communication and understanding with friends because most of these activities are done with others. On the other hand, if we spend too much time on singing, dancing or other games, we might fail to

　　concentrate on our duties such as studying our working, which inturn may lead to further consequences.

　　As far as I\'m concerned, recreational activities should be donewithin a certain limit so that wc can keep a proper balance between EDUCATION recreation and studying or working life.

　　>【参考译文】

　　在人们的日常生活中，除了学习或工作之外，还有各种各样的娱乐活动，从卡拉OK、跳舞到电脑游戏或体育游戏。

　　如果采取不当行为，这种活动既有益，又有害。一方面，娱乐活动可以帮助我们不仅建立我们的身心，还可以增进我们与朋友的交流和理解，因为这些活动大部分都是与他人一起完成的。另一方面，如果我们花太多的时间在唱歌、跳舞或其他游戏上，我们可能会失败。

　　把精力集中在我们的比如学习我们的工作职责，这反过来又可能导致进一步的后果。

　　在我看来，娱乐活动应该在一定的范围内进行，这样才能在教育、娱乐、学习和工作生活之间保持适当的平衡。

**篇二：Recreational Activities**

　　In the era of information and techonology, there are all kinds of recreational activities. Some people think those recreational activities are great and necessary, because they can help people relax from the hard work and study. Some of the activities, such as hiking, jogging, can help relax physically; while some of them, such as surfing the Internet, can help people relax mentally.

　　However, some people think that so many kinds of recreational activities may have a bad effect on our lives. Some people may not resist some temptations from those activities, and indulge themselves in those activities. At last they are lured away from their study or their work.

　　In my opinion, we should pay more attention to the advantages of various recreational activities and make the most of them. Meanwhile, we should learn how to use those activities positively, and make them a helpful tool for our development.

　　>【参考译文】

**娱乐活动**

　　在信息技术时代，有各种各样的娱乐活动。有些人认为这些娱乐活动是必要的，因为它们可以帮助人们从艰苦的工作和学习中得到放松。一些活动，如徒步旅行、慢跑，可以帮助身体放松;而其中一些活动，如上网，可以帮助人们放松心理。

　　然而，有些人认为如此多的娱乐活动可能会对我们的生活产生不良影响。有些人可能不抵制这些活动的诱惑，沉溺于这些活动中。最后，他们被剥夺了学习和工作的机会。

　　在我看来，我们应该更多地注意各种娱乐活动的好处，并充分利用它们。同时，我们应该学习如何积极地使用这些活动，并使之成为我们发展的有益工具。

**篇三：Recreational Activities**

　　Nowadays, more and more recreational activities are appearing and living on campus. The students aged from 18 to 25 are energetic and active to take part in the recreational activities. Therefore, there is often a recreation center on campus. However, some students don’t like to go to join in the activities. While, others consider the recreational activities have been a part of their lives on campus.

　　Some students disapprove of taking part in it, because they think they have little time to do that. They often take their time to study, and just study. Some of them don’t like the recreational activities because of their introverted character.

　　The other students who enjoy entertaining themselves by taking part in recreational activities are agree to use much time to the recreational activities. For they think when they put on at the stage of recreation center, they not only cultivate the extra ability, but also enrich their life. What’s more, it also give them a good mood to study effectively.

　　For me, I consider as a college student we can not only study knowledge about the books, but also can take part in the recreational activities and other activities to improve ourselves at every espect.

　　>【参考译文】

　　如今，越来越多的娱乐活动出现在校园里。18至25岁的学生精力充沛，积极参加文娱活动。因此，校园里经常有娱乐中心。然而，有些学生不喜欢去参加活动。而另一些人则认为娱乐活动是他们校园生活的一部分。

　　有些学生不赞成参加，因为他们认为他们没有时间做这件事。他们经常花时间学习，只是学习。有些人因为性格内向而不喜欢娱乐活动。

　　其他参加文娱活动的学生，同意花大量的时间进行文娱活动。他们认为，当他们在娱乐中心的舞台上，他们不仅培养额外的能力，而且丰富他们的生活。此外，它还能给他们一个好心情，有效地学习。

　　对我来说，我认为作为一名大学生，我们不仅学习书本上的知识，还可以参加娱乐活动和其他活动在各个方面提高自己。

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