# 我最喜欢的运动英语作文带翻译

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　　There are many kinds of sports that I enjoy, such as swimming, basketball,travelling and so on. However, my favorite sport is running.In my mind,it is a good activities for people to keep healthy and relieve the pressure. After busy studying,i usually run on the playground,and i think that\'s the most wonderful time in a day.I love this sport since i\'m 4,but at that time i only run for fun without any purpose.It\'s different now.Running has become a essential part in my life.I love running,and i \'ll keep running.

　　有许多类型的运动,我喜欢,比如游泳、篮球、旅行等等。然而,我最喜欢的运动是跑步。在我看来,这是一个很好的活动让人们保持健康和缓解压力。在繁忙的学习之后,我通常运行在操场上,我认为这是一天最美好的时间。我爱这项运动因为我4,但当时我只运行为了好玩,没有任何目的。现在是不同的。跑步已经成为我生命中一个重要组成部分。我喜欢跑步,我继续运行。

　　>篇二：

　　My favorite Sports is basketballI think it is so cool. Basketball requires speed height and skills. I run jump switch and try to hit! All parts of my body are exercised in this sport. I feel that I’m like wind flying in the playground for my goal which makes me feel so great!

　　我最喜欢的体育运动就是篮球，我觉得它很酷。篮球运动需要速度，高度和技能。我跑，跳，转，并设法投中!我身体的各个部分都通过这个运动得到锻炼。我感觉我就像风在操场上为我的目标飞行，这让我觉得很好!

　　Basketball needs quick reaction and decision. When chance comes it may disappear in the next second. I should keep an eye watching as an eagle decide and judge quickly as a leopard and run for it as a wolf.

　　篮球需要快速的反应和决策。当机会来临的时候，它可能就在下一秒消失。我应该保持一个眼睛看着一只鹰，判断快如豹，并像狼一样快速移动。作文

　　Further more basketball is a sports more than just exercising It needs team work. No one can play himself. A team should work together. So I learn to cooperate with others in this game. I should understand what my teammate doing and what he needs me to do for him. On the other side I should learn to show my teammate what I need. At the same time I need to keep an eye on the whole game knowing how is the situation of our team and how is the other team. It involved more cooperation and strategy.

　　此外，篮球是一项运动不仅仅是锻炼，它需要团队合作。没有人可以发挥自己。一个团队一起工作。所以我学会了在这个比赛中与他人合作。我应该了解我的队友做什么他需要我为他做的。另一方面，我应该学会向我的队友表达我需要什么。同时，我需要关注整个比赛，知道我们球队的情况和另一队的情况。这需要更多的合作和战略。

　　I played basketball more for about 5 years now. I make many good friends throught this sports. It is proud to win honor for my team and my school. Also I enjoy all games with my friends. Basketball will be my best friends in the future and my best memory about school life.

　　我打篮球已经5年了。我有许多好朋友在这运动。它骄傲地赢得我的团队和我的学校的荣誉。我享受所有游戏与我的朋友。篮球是我最好的朋友在未来和我的学校生活最美好的记忆。

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