# 电视对孩子的影响英语作文

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**The Impact of Television on Children**

　　With the rapid development of modernization, television becomes a necessity in every house. Recently, a research shows that 95% of children form the habit of watching TV for long hours every day, which makes teachers and parents panic, because watching TV for long hours may have very negative effects on the children.

　　随着现代化的快速发展，电视成了每家每户的必需品。最近，一项研究表明95%的孩子形成了每天长时间看电视的习惯，这使老师和家长都感到心慌，因为长时间看电视可能会对孩子产生负面影响。

　　The bad influence of watching TV for long hours covers the following points. First of all, there are a lot of illegal programs which may lead the children to the wrong way or form the wrong values. Secondly, with plenty of series to choose from, children become less interested in taking exercises. TV has kept children indoor while they should spend time playing outside. Thirdly, the excessive watching TV can lower the children’s ability to study.

　　看电视的时间长，影响包括以下几点。首先，有很多非法的节目可能会引导孩子走向歧途或者形成错误的价值观。其次，有太多的电视剧来选择，儿童变得对练习不那么感兴趣了。当他们应该花时间在外面玩的时候电视却让儿童一直留在室内。第三，过度看电视会降低孩子的学习能力。

　　Undoubtedly, it is high time that parents should help the children to deal with the relation with the TV. Also, children ought to do some creative things like reading, singing, painting, and running instead of sitting in front of the TV all day long.

　　毫无疑问，父母是时候应该帮助孩子处理好与电视的关系了。同时，孩子们也应该做一些有创意的事情，像阅读、唱歌、绘画，而不是整天坐在电视机前。

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